

health4life REVOLUTION!

TRANSFORMATION CHALLENGE 2010

...a 12-week community fitness challenge that will transform Tulsa from the inside...out!

Grand Champion Prize Package

for the individual who experiences the greatest transformation*

Thanks to our generous sponsors, the prize package (valued at greater than \$11,000) will include: 2 round-trip airline tickets to anywhere in the Continental US from Spears Travel (\$2000 value), Adventure Vacation Package from Bonvoy (\$2000 value) One year corrective chiropractic care from cornerstone4health CHIROPRACTIC, P.C. (\$4300 value)** Training from Bootcamp Tulsa and Dynamic Sports Development (\$2200 value) Personal website page from 1260 Productions (\$800 value), Jara Herron Signature Spa Package, round of golf with Pro Golfer, Greg Mason...PLUS THOUSANDS IN CASH!

*All prizes are not transferable or redeemable for cash, and must be used by April, 2011. ** If the winner is not in need of corrective chiropractic care, wellness care will be rendered on an "as needed basis" throughout the 12-month period, beginning April 2010 through April 2011.

Our Generous health4life REVOLUTION!™ 2010 TRANSFORMATION CHALLENGE Sponsors

With the help of many generous local sponsors and health4life™ registration fees, the incentive prize package will be worth thousands!

Mayor's Fitness Challenge
KVOO, KFAQ, KXBL Radio
Spears Travel
Bonvoy Adventure Travel
cornerstone4health CHIROPRACTIC, P.C.
Seelan, L.L.C.
Bootcamp Tulsa

Dynamic Sports Development
1260 Productions
Integrity Printing
Jara Herron
Celebration Church
naturalfarms, Inc.
playingwithapro.com

How our health4life Grand Champion will be chosen*

Grand Champion and Runner-ups will be determined based on a point system with 125 points possible:
50 points for physical transformation based on before and after pictures
50 points for internal transformation based on 250 word (or less) goals/testimonial
15 points for attending 4 Champion Workshops
10 points for the individual who logs the most running/walking/biking/swimming miles for Tulsa Million Miles

*Participants' scores will not be disclosed and are confidential. All judges' decisions are final. Pictures and testimonials become the property of Dr. Shannon Schaffner, cornerstone4health, P.C., and health4life™ and will not be returned.

Everyone's a Winner with health4life!

For every pound you lose...we will pay you \$1!** That's right...when you LOSE, YOU WIN!

**Payments will be made at the Champion Celebration. Participant must be present to receive payment.